



# PARTICIPANTS' GUIDE 2023

*wefeel*  
events



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# PRESENTATION

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The Falla, the main symbol and tradition of this unique event, was declared Intangible Heritage of Humanity in 2015. The element is represented by fire and the common name of the festivities is the Fallas of the Pyrenees. Many Pyrenean towns are united by this element.

The villages of Ribagorça develop rituals around fire when a date full of magic arrives: the summer solstice. This is a time of natural change, a time to honour the Sun on the feast of Saint John (23-24 June).

And this is the date that the inhabitants of these valleys are looking forward to lighting the Fallas. To descend millenary mountains with lit torches, to light the lighthouse planted in the square, to dance and move the ritual fire that illuminates the longest night of the year.

The route joins all these villages in a spectacular guided tour through different valleys and along serpentine roads, where the vegetation, the mountains and the aerial views are the common denominator.

The ascent to the special category pass of the Boi - Taull ski resort stands out, reaching an altitude of 2,020 metres from the base of the resort and with views of the highest skiable lift in the Pyrenees (Puigfalcó 2,750 metres), and also the ascent to the Port of Viu and the Port of Perves, a port of first category.

# PROGRAMME

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## FRIDAY 1<sup>ST</sup> OF SEPTEMBER 2023

**17:00h to 21:00h** Collection of race bibs and race maillot

## SATURDAY 2<sup>ND</sup> OF SEPTEMBER 2023

**07:00h to 07:45h** Collection of race bibs and race maillot

**08:00h** Start of Gran Fondo

**08:30h** Start of Pequeño Fondo

**10:48h** Arrival of the first Pequeño Fondo cyclist

**11:00h** Opening of COMPEX recovery zone

**12:00h** Arrival of the first rider of the Gran Fondo

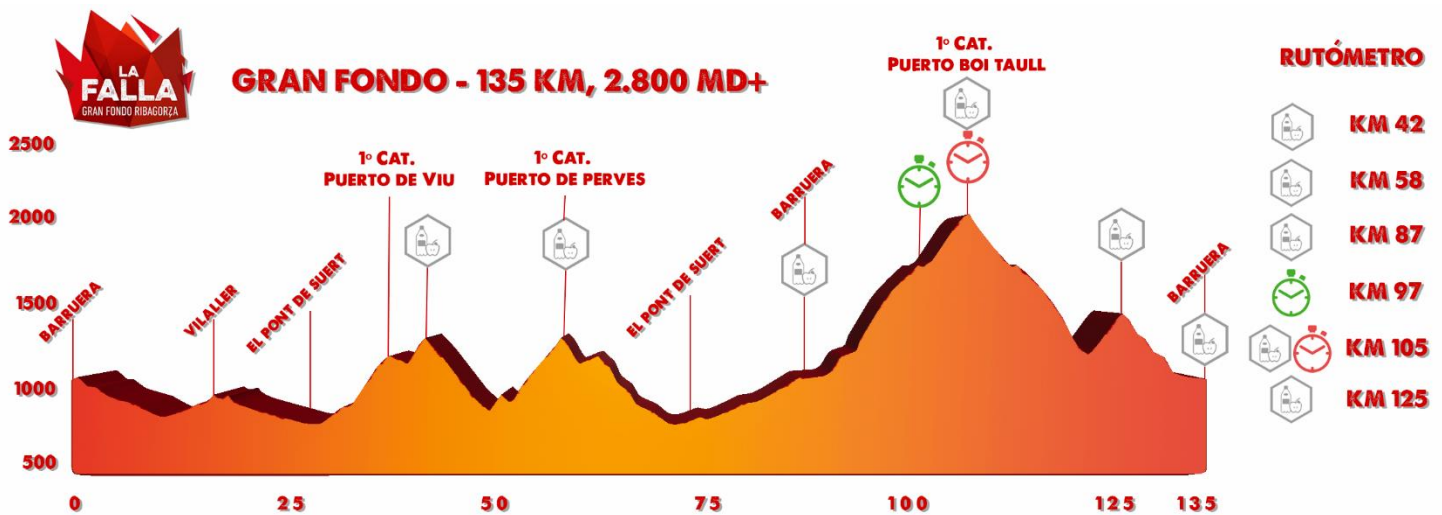
**12:30h** Award ceremony of the Pequeño Fondo

**14:00h** Award ceremony of the Gran Fondo

**16:00h** Closing of the final refreshment point and cyclist services

# GRAN FONDO COURSE

- Distance: 135 km
- Total elevation gain: 2.800 metres
- Cumulative difference in altitude going downhill: 2.800 metres
- Ends at starting point (circular): Yes
- Maximum altitude: 2.046 metres
- Minimum altitude: 843 metres
- Technical difficulty: Difficult



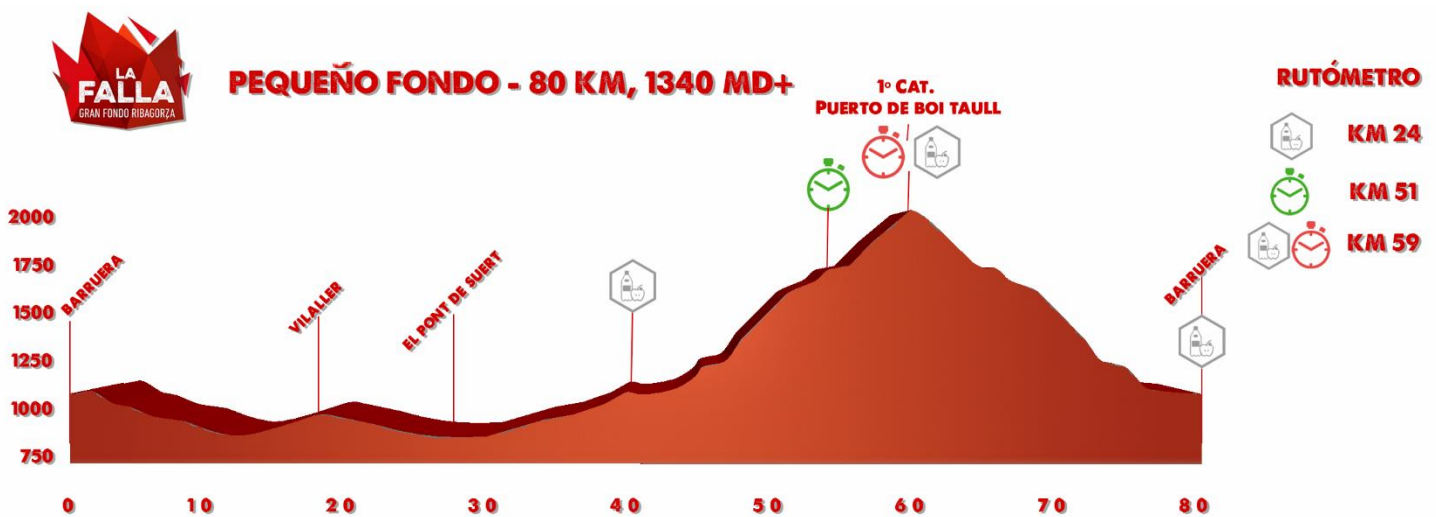
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## ROUTE PLANNER AND CUT-OFF TIMES FOR THE GRAN FONDO

RUTOMETRO GRAN FONDO	PUNTO KM	HORARIO CORTE
<b>SORTIDA</b>	0	8:00:00
ENTRADA A L 501	0,85	8:02:50
DESVIAMENT CARDET	1,24	8:04:08
PONT SARAÍS	4	8:13:20
DESVIAMENT CÓLL	4,4	8:14:40
ENCREUAMENT L 501 N-230	11,5	8:38:20
BENZINERA VILALLER-CASTEJÓN	15	8:50:00
ENTRADA A VILALLER SISKARRI	17,9	8:59:40
SORTIDA MONTIDRO A N 230	18	9:00:00
BENZINERA VILALLER-CASTEJÓN	20,9	9:09:40
ENCREUAMENT L 501 N-230	24,7	9:22:20
ENTRADA A PONT CASA COTO	27	9:30:00
FOTOS DIES	27,4	9:31:20
CLAREL	27,6	9:32:00
CAP BAIXADA ENDESA	27,7	9:32:20
VIU LLEVATA	38,7	10:09:00
<b>AVITUALLAMENT 1 - CREU DE PERVES</b>	43	<b>10:23:20</b>
XERALLO ROTONDA	47,8	10:39:20
DESVIAMENT SARROCA DE BELLERA	51	10:50:00
XERALLO ROTONDA	54	11:00:00
<b>AVITUALLAMENT 2 - CREU DE PERVES</b>	59,7	<b>11:19:00</b>
VIU LLEVATA	64,1	11:33:40
MALPÀS	69,3	11:51:00
DESVIAMENT POBLA	74,8	12:09:20
DESVIAMENT VALL BOI L501 N230	77,8	12:19:20
<b>AVITUALLAMENT 3 - BARRUERA</b>	89,6	<b>12:58:40</b>
DESVIAMENT BOI (PONT BOI)	94,1	13:13:40
Població BOI	95,6	13:18:40
TAULL ST CLIMENT	97,7	13:25:40
PLA DE L'ERMITA INICI CRONO	99,8	13:32:40
<b>TAÜLL</b>	108,3	14:01:00
PLA DE L'ERMITA	117,5	14:31:40
TAULL ST CLIMENT	119,6	14:38:40
DESVIAMENT BOI (PONT BOI) CAP A CALDES	123,2	<b>14:50:40</b>
<b>AVITUALLAMENT 5 - CALDES DE BOÍ</b>	127,4	15:04:40
DESVIAMENT BOI (PONT BOI)	131,5	15:18:20
DESVIAMENT ERILL	132,5	15:21:40
ENCREUAMENT DURRO BENZINERA	135,6	15:32:00
DESVIAMENT SALENCAR	136,9	15:36:20
ARRIBADA BARRUERA	137,7	15:39:00
<b>VELOCITAT</b>		<b>18 km/h</b>

# PEQUEÑO FONDO COURSE

- Distance: 80 km
- Total elevation gain: 1.340 metres
- Cumulative difference in altitude going downhill: 1.340 metres
- Ends at starting point (circular): Yes
- Maximum altitude: 2.046 metres
- Minimum altitude: 915 metres
- Technical difficulty: Medium



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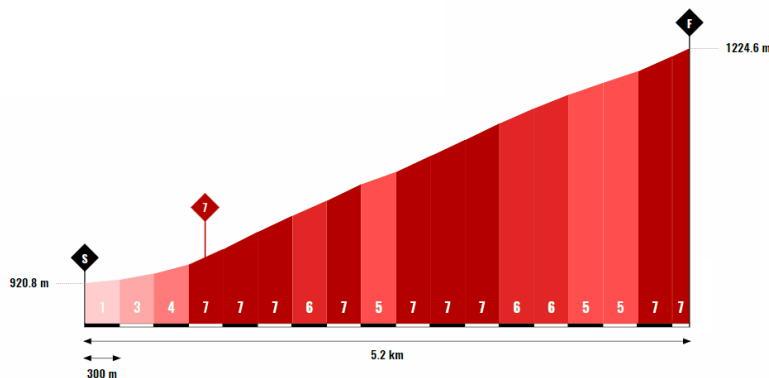


## ROUTE PLANNER AND CUT-OFF TIMES FOR THE PEQUEÑO FONDO

ROUTE PLANNER PEQUEÑO FONDO	KM POINT	CUT-OFF TIME
<b>START OF THE RACE</b>	0	8:00:00
L-501 with N-230	11,2	8:37:20
VILALLER	17,9	8:59:40
L-501 with N-230	24,7	9:22:20
EL PONT DE SUERT	26	9:26:40
L-501 N-230	29,5	9:38:20
<b>Provisioning point 1 - BARRUERA</b>	<b>40,6</b>	<b>10:15:20</b>
Direction to BOI (PONT BOI)	45	10:30:00
TAULL ST CLIMENT	49	10:43:20
PLA DE L'ERMITA	51	10:50:00
<b>Provisioning point 2 - BOI TAULL SKI RESORT</b>	<b>59,4</b>	<b>11:18:00</b>
PLA DE L'ERMITA	67,8	11:46:00
TAULL ST CLIMENT	69,8	11:52:40
DIRECTION TO CALDES DE BOÍ	73,8	12:06:00
DIRECTION ERILL	75	12:10:00
DIRECTION SALENCAR	79	12:23:20
<b>ARRIVAL BARRUERA (Provisioning point)</b>	81	12:30:00
<b>SPEED</b>		18 km/h



# MOUNTAIN PASSES



## PUERTO DE VIU DE LLEVATA

**DISTANCE – 5,2 KM**

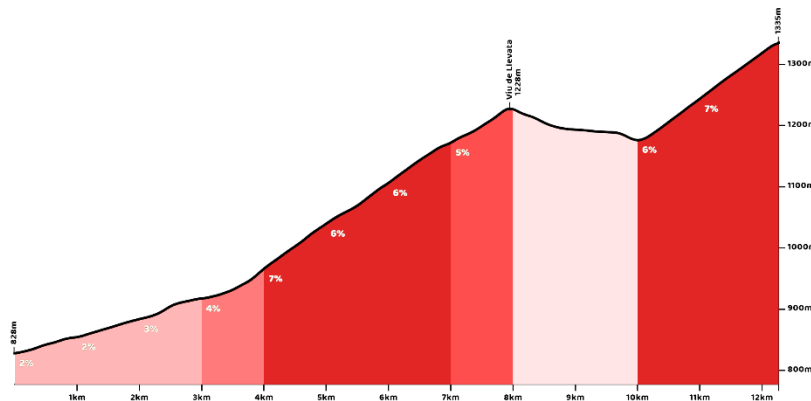
**AVERAGE SLOPE – 5,8%**

**ELEVATION GAIN – 304 MTS**

Starting from El Pont de Suert, this 3<sup>rd</sup> category pass begins its ascent at an altitude of 921 metres and ends up climbing to 1225 metres at the top, a total ascent of 304 metres with an average of 5,8% and a maximum gradient of 7,5%.

The first few kilometres are almost flat, running parallel to the Escalles reservoir and crossing the Lavaix tunnel, which gives its name to an ancient monastery that is now flooded by the waters of the reservoir. The following kilometres will increase slightly in difficulty, in a very beautiful stretch climbing along the side of the river and immersed in the middle of nature. Once we cross the river Viu, the following kilometres until we reach the Viu de Llevata pass increase in difficulty, with an average gradient of between 6 and 7% and a maximum gradient of 8%. The incline is very constant, making it a pass with few rests, but without major difficulties.

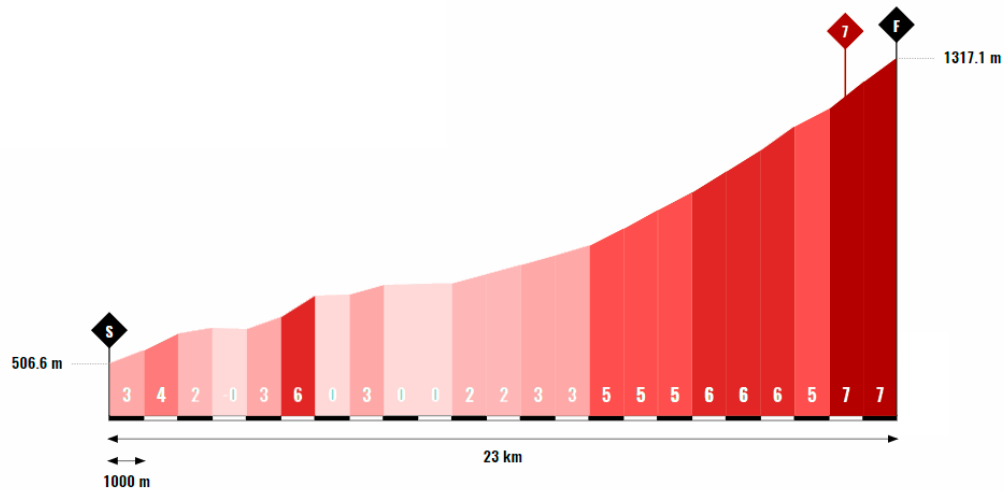
# MOUNTAIN PASSES



**PUERTO DE LA CREU DE PERVES**  
**FROM EL PONT DE SUERT**  
**DISTANCE – 12,2 KM**  
**AVERAGE SLOPE – 4%**  
**ELEVATION GAIN – 501 MTS**

This pass starts in El Pont de Suert and links the towns of El Pont de Suert, in Alta Ribagorça, and Senterada, in Pallars Jussà, along the Pyrenean axis (N-260). We will first climb the Viu de Llevata pass, and after reaching it we will enter the small village of Viu de Llevata. A small gentle descent awaits us to end up finding a stretch exposed to the wind and with an average gradient between 5 and 7% to end up crowning the pass of an approximate height of 1335 mts, where we will find spectacular views of the Pyrenees.

# MOUNTAIN PASSES



**PORT DE LA CREU DE PERVES  
FROM SARROCA DE BELLERA  
DISTANCE – 7,6 KM  
AVERAGE SLOPE – 6,05%  
ELEVATION GAIN – 450 MTS**

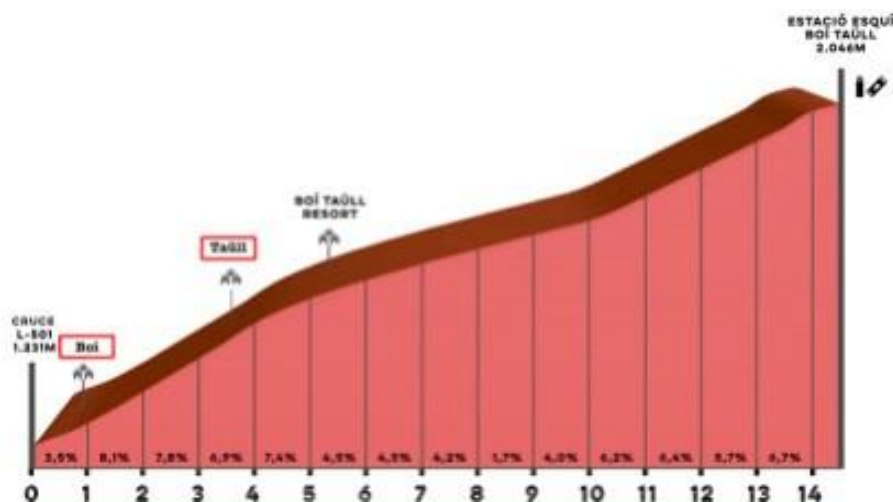
This 1st category pass, which will complete the distance GF, has twice been part of a stage in La Vuelta España and once in La Volta Catalunya. This climb is divided into two parts, a first part with a wide road and mild percentages, and a second part, from the town of Xerallo, where the road narrows, undulates and the percentages increase considerably.

Leaving Sarroca de Bellera on the N-260, you will find a very wide road with initial averages of no more than 4%.

Approximately 5.5 km from the top of the pass, the road loses the asphalt, narrows and the percentages increase to around 7%, taking us towards the Perves ravine. A total of 8 hairpin bends await us in order to reach the top of the pass.



# MOUNTAIN PASSES



## BOI – TAÜLL SKI RESORT

**DISTANCE – 14,2 KM**

**AVERAGE SLOPE – 5,49%**

**ELEVATION GAIN – 815 MTS**

A special category pass that will only be climbed by those registered in the GF and that will also be timed along the stretch from Pla de la Ermita to the ski resort car park (from km. 80.4 to 89 of the GF La Falla route) to obtain the special mountain prize. In addition, we will do a route through the impressive Romanesque churches of the Vall de Boí, declared World Heritage of Humanity by UNESCO. It is 14.2 km long and 815 m high, but it is worth mentioning that from El Pont de Suert to the start of the pass there are already 16 km of continuous ascent, giving a total height difference of 1,200 m.

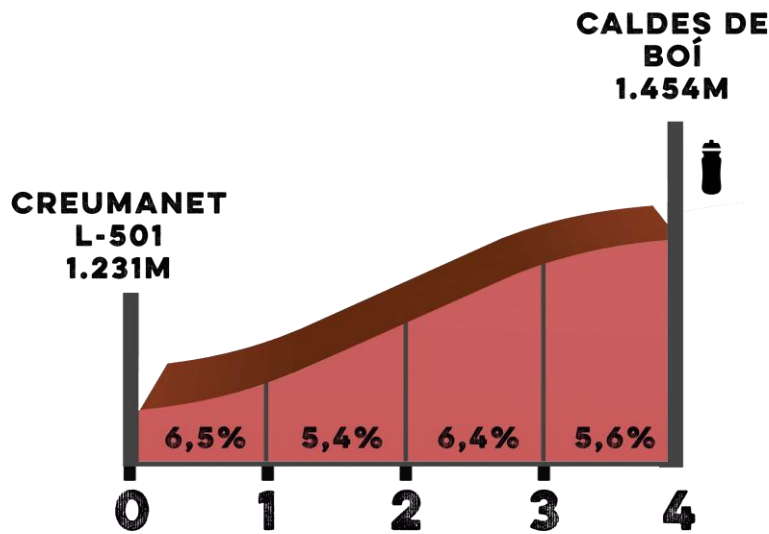
Shortly after leaving the town of Barruera and just before the start of the timed section, the climb starts to get tough with gradients of around 10%. The pass starts with a gentle first kilometre that leads us to the pretty village of Boi and it is just as we enter it that the pass gets tougher. Tight bends and a constant slope for almost 5 km that leaves no rest, passing by the majestic church of Sant Climent in the village of Taüll.

# MOUNTAIN PASSES

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Once we reach the Pla de l'Ermita Resort of the Boi - Taüll Ski Resort, the slope takes a break, allowing us to observe the marvellous high mountain scenery. The final stretch intensifies again the slope with a winding road in a perfect state of asphalt. The pass ends in the car park of the alpine ski resort at an altitude of over 2,000 metres.

# MOUNTAIN PASSES



**CALDES DE BOÍ**  
**DISTANCIA – 3,8 KM**  
**PENDIENTE MEDIA – 6%**  
**DESNIVEL – 223 MTS**

After the long descent from the Boi - Taull ski resort and enjoying the spectacular views of the Boi Valley, we again reach the start of the mountain pass where we change direction to head towards the Caldes de Boi thermal spa.

This is a short ascent, but with a constant slope of 5-6%, taking us into the gates of the Aigüestortes National Park and passing by the Caldes de Boi mineral water bottling plant, immersed in a pine and fir forest. The climb ends at the entrance to the Caldes de Boi Spa, where we will see water gushing from its 37 mountain springs.

A spectacle of nature that will make us complete the 5 ascents of the GF La Falla.



# REFRESHMENT POSTS

## Products at the refreshment posts:

**Liquid products:** water, isotonic drink and Coca-Cola

**Solid products:** Fruit, sweets, biscuits, donuts, nuts, ham and cheese sandwiches and ham and cheese sandwich and cocoa cream sandwich (Bread suitable for coeliacs).



*All the products of the refreshment posts are kept cold and preserved thanks to COPIMA's refrigerated trucks.*

1	<b>Puerto de la Creu de Perves</b>	42	Solid and liquid products
2	<b>Puerto de la Creu de Perves</b>	58	Solid and liquid products
3	<b>Barruera</b>	40 / 86	Solid and liquid products
4	<b>Estació d'esquí Boí Taüll</b>	59 / 105	Solid and liquid products
5	<b>Caldes de Boí</b>	123	Liquid products
6	<b>Meta</b>	80 / 135	Solid and liquid products

# TIMEKEEPING

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**GRAN FONDO LA FALLA** is a cycling tour where the aim is to enjoy a good day of cycling among friends and colleagues, in order to promote the benefits of cycling, as well as respect on the road, enjoying unique landscapes.

To "let yourselves go", you can give it your all on the time climbs that we have prepared for you.

However, we ask you to take the greatest caution on the descents.

Participants will get:

- ✓ Total net time of GF or PF
- ✓ Classification of the Chrono Climbs.
- ✓ Official diploma of the event

**PF & GF time climb:** Boí Taüll Ski Resort ascent (a single ranking)

# CHIP PLACEMENT

IMPORTANT! Gran Fondo La Falla is a race timed by CHIP on the race bib and, therefore, it is very important to place the bib correctly on the bike.

## INCORRECT POSITIONING ❌

The bib may NOT be folded in contact with the steerer tube.



## CORRECT POSITIONING ✅

The bib must be placed on the handlebars, leaving it free from contact with any surface.



Incorrect positioning may result in the organisation not having the passing times available and, therefore, in the disqualification of the participant..



# SERVICES

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The Gran Fondo La Falla registration fee includes the following services:

- ✓ Finsher Medal for all the participants
- ✓ Official jersey of the event
- ✓ Time control of the “cronoescalada”
- ✓ Full refreshment stations along the route
- ✓ Final refreshments with food and drink
- ✓ Participant’s bag with products from our partners
- ✓ Mechanic service en route
- ✓ Cloakroom service
- ✓ Post-race recovery service
- ✓ Ambulance service during the race
- ✓ Special prices in the official accommodation (booking through the registration form)
- ✓ Free photographs
- ✓ Shower service
- ✓ Live rankings and diploma for all participants thanks to Wefeel Crono
- ✓ An experience that will leave no one indifferent!